



HEALTH QUESTIONNAIRE

This health questionnaire allows you to find out if you need to provide a medical certificate in order to take part in the 2025 Aix-les-Bains Dragon Boat Festival.

Please answer to following questions by YES or NO	YES	NO
OVER THE LAST 12 MONTHS		
Has a member of your family died suddenly from a heart-related or unexplained cause?		
Have you experienced chest pain, palpitations, unusual shortness of breath or discomfort?		
Have you had an episode of wheezing (asthma)?		
Have you lost consciousness?		
If you stopped doing sport for 30 days or more for health reasons, did you resume without a doctor's approval?		
Have you started any long-term medical treatment (excluding contraception and allergy desensitisation)?		
AS OF TODAY		
Do you feel any pain, lack of strength or stiffness following a bone, joint or muscle problem (fracture, sprain, dislocation, tear, tendonitis, etc.) that occurred in the last 12 months?		
Are you taking a break from sport for health reasons?		
Do you think you need medical advice to keep doing a physical activity?		
The answers given are the sole responsibility of the signatory.		

If you have answered NO to all questions :

There is no need to provide a medical certificate.

If you have answered YES to at least one question :

A medical certificate signed by a doctor less than a year ago and attesting to the fact that dragon boating in competition is not contraindicated is to be provided.

Participant's first and last name :

Team name :

In, on

Signature: